

# FOOD ALLERGY GUIDE



**THIS PAMPHLET IS MERELY A GUIDE AND IS NOT GUARANTEED TO BE ACCURATE.** Anthony's Pizza & Pasta International, Inc. and its franchisees have used a good faith effort to be accurate and to provide this guide to assist people in making informed choices. Persons who suffer from any allergy or food reaction should consult with their physician regarding any issues relating to their diet and food consumption.

**SPECIAL NOTE - WHEAT AND GLUTEN ALLERGIES.** At Anthony's Pizza & Pasta®, we make our dough from scratch in each store every day. Therefore, a strong likelihood exists that wheat or gluten allergens may be on surfaces or in the air. Please consult your healthcare provider to see if this is a concern with your individual health situation.

**This guide will be updated periodically and should be discarded and considered out of date on:  
December 31, 2011**



## Allergens

- X Allergen is present in the food ingredient
- Product may contain or be prepared with Soybean Oil and/or Soy Lecithin



PIZZA	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
Neapolitan Cheese	X	X				•		
Sicilian Cheese	X	X				•		
White Pizza	X	X				•		
Gluten Free Pizza	X				X			
Shrimp Scampi Pizza	X	X				•		X

TOPPINGS	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
Crust		X				•		
Pepperoni								
Sausage								
Canadian Bacon								
Meatball	X	X						
Chicken								
Salami								
Anchovies							X	
Bacon								
Extra Cheese	X							
Artichoke Hearts								
Mushrooms								
Tomatoes								
Pineapple								
Basil								
Green Olive								
Black Olive								
Onions								
Green Peppers								
Jalapenos								
Green Chilis								
Garlic								
Spinach								
Pizza Sauce								

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PASTA	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
Spaghetti		X				•		
Baked Ziti	X	X						
Ravioli	X	X			X	•		
Pesto Pasta	X	X				•		
Stuffed Shells	X	X			X	•		
Chicken Parmesan	X	X			X	•		
Eggplant Parmesan	X	X				•		
Fettuccinni Alfredo	X	X			X	•		
Veal Parmesan	X	X				•		
Cheese Lasagna	X	X			X	•		
Kids Pasta w/ Margarine		X				•		
Kids Pasta w/ Marinara		X				•		
Manicotti	X	X			X	•		
Marinara Sauce								

PASTA SIDES	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
Meatballs	X	X						
Sausage								
Garlic Bread		X				•		
Garlic Bread w/ Cheese	X	X				•		

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HEROES & CALZONES	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
Meatball	X	X				•		
Italian Sausage	X	X				•		
Veal Parmesan	X	X				•		
Eggplant Parmesan	X	X				•		
Chicken Parmesan	X	X			X	•		
Cold Italian Sub	X	X				•		
Cheese Calzone	X	X				•		



SALADS	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
Italian Salad*	X							
Farmer Salad*	X							
Caesar*	X	X				•		
Chicken Caesar*	X	X				•		
Caprese Salad	X							
Italian Dressing								
Ranch Dressing	X				X	•		
Blue Cheese Dressing	X				X	X		
Low-Fat Italian						•		
Caesar Dressing	X				X	•	X	

\*dressing not included

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- ▲ Product may contain or be prepared in a factory that uses Peanuts



APPETIZERS	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
Buffalo Wings*						•		
Wings w/ Spicy Sauce*	X					X	X	
Wings w/ Chipotle Sauce*	X					•	X	
Cheese Sticks*	X	X			X	X		
Meatball Sliders	X	X				•		
*dressings not included								
<b>DRESSINGS</b>								
Ranch included (served with some appetizers)	X				X	•		
Blue Cheese Dressing (served with some appetizers)	X				X	X		



DESSERTS	Milk	Wheat	Peanuts	Tree Nuts	Egg	Soy	Fish	Shellfish
NY Cheesecake	X	X	▲		X	•		
Cheesecake w/ chocolate	X	X	▲		X	•		
Cheesecake w/ strawberry	X	X	▲		X	•		
Cannoli	X	X	▲		X	X		
Chocolate Cannoli	X	X	▲		X	X		
Tiramisu	X	X	▲		X			
Brownies		X	▲	X	X	X		

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