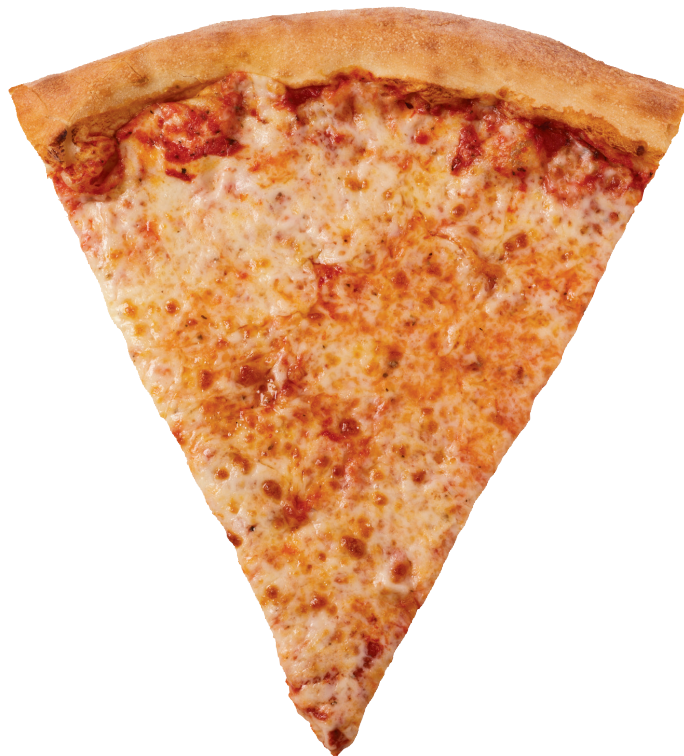


NUTRITION GUIDE



THIS PAMPHLET IS MERELY A GUIDE AND IS NOT GUARANTEED TO BE ACCURATE. Anthony's Pizza & Pasta International, Inc. and its franchisees have used a good faith effort to be accurate and to provide this guide to assist people in making informed choices.

**This guide will be updated periodically and should be discarded and considered out of date on:
December 31, 2011**



18" Dine In Neapolitan & Pizza by the Slice

Pizzas & Toppings

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
18" Cheese	1 slice	425	140	15	8	0	50	815	50	3	4	21
18" White Cheese	1 slice	470	180	19.5	10.5	0	65	725	48	2	3	24
Extra Cheese	1 oz.	90	60	6	3.5	0	20	180	1	0	0	16
Pepperoni	10 slices	100	90	10	4	NA	25	420	0	0	0	5
Sausage	1 oz.	80	50	6	1.5	NA	30	150	0	0	0	6
Canadian Bacon	3 slices	35	15	1.5	0.5	0	15	270	0	0	0	5
Meatball	1 oz.	60	30	3	1	NA	25	35	2	0	0	5
Chicken	.5 oz.	15	0	0	0	0	5	35	0	0	0	3
Salami	3 slices	60	40	4.5	2	0	15	250	0	0	0	3
Anchovies	2.25 slices	10	0	0	0	0	5	190	0	0	0	2
Bacon	.81 oz.	120	100	11	4.5	0	15	610	0	0	0	6
Artichoke Hearts	.5 oz.	5	0	0	0	0	0	45	1	0	0	0
Mushrooms	.5 oz.	5	0	0	0	0	0	0	0	0	0	0
Tomatoes	1 oz.	5	0	0	0	0	0	0	1	0	1	0
Pineapple	1 oz.	20	0	0	0	0	0	0	5	0	4	0
Basil	2 leaves	0	0	0	0	0	0	0	0	0	0	0
Green Olives	1 oz.	40	40	4.5	0.5	0	0	440	1	1	0	0
Black Olives	1 oz.	45	30	3.5	0	0	0	170	2	0	0	0
Onions	1 oz.	10	0	0	0	0	0	0	3	0	1	0
Green Peppers	1 oz.	5	0	0	0	0	0	0	1	0	1	0
Jalapenos	.5 oz.	5	0	0	0	0	0	200	1	0	0	0
Green Chiles	1 oz.	5	0	0	0	0	0	70	1	0	0	0
Garlic	.19 Tbsp.	5	0	0	0	0	0	10	1	0	0	0
Spinach	2.5 leaves	0	0	0	0	0	0	0	0	0	0	0
Pizza Components*												
Crust	1 slice	220	10	1	0	0	0	300	45	2	1	6
Pizza Sauce	1.5 oz.	15	0	0	0	0	0	125	4	1	2	1
White Sauce	1.5 oz.	60	40	4.5	2.5	0	15	35	2	0	1	4
Cheese	2.25 oz.	190	130	14	8	0	50	390	1	0	1	14

*Nutrients given for 1 slice of pizza (8 slices in a whole)

Pizza components are included in the values shown for 1 cheese slice

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18" Pizza To Go



Pizzas & Toppings

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
18" Cheese	1 slice	325	100	11	6	0	35	605	41	2	3	15
18" White Cheese	1 slice	360	130	14.5	8.5	0	50	530	39	1	2	17
Extra Cheese	.75 oz.	60	45	5	3	0	15	135	0	0	0	5
Pepperoni	8.13 slices	80	70	8	3	NA	20	340	0	0	0	4
Sausage	.81 oz.	60	40	4.5	1.5	NA	25	125	0	0	0	5
Canadian Bacon	2.25 slices	25	10	1	0	0	10	200	0	0	0	3
Meatball	.81 oz.	45	25	2.5	1	NA	20	25	1	0	0	4
Chicken	.5 oz.	15	0	0	0	0	5	35	0	0	0	3
Salami	2.25 slices	40	30	3.5	1.5	0	10	190	0	0	0	2
Anchovies	2 slices	10	0	0	0	0	0	170	0	0	0	1
Bacon	.69 oz.	100	80	9	4	0	15	520	0	0	0	5
Artichoke Hearts	.38 oz.	5	0	0	0	0	0	35	1	0	0	0
Mushrooms	.38 oz.	5	0	0	0	0	0	0	0	0	0	0
Tomatoes	.75 oz.	5	0	0	0	0	0	0	1	0	1	0
Pineapple	.75 oz.	15	0	0	0	0	0	0	3	0	3	0
Basil	1.5 leaves	0	0	0	0	0	0	0	0	0	0	0
Green Olives	.75 oz.	30	30	3.5	0	0	0	330	1	1	0	0
Black Olives	.75 oz.	35	25	2.5	0	0	0	125	1	0	0	0
Onions	.75 oz.	10	0	0	0	0	0	0	2	0	1	0
Green Peppers	.75 oz.	5	0	0	0	0	0	0	1	0	1	0
Jalapenos	.38 oz.	5	0	0	0	0	0	150	1	0	0	0
Green Chiles	.75 oz.	5	0	0	0	0	0	55	1	0	0	0
Garlic	.13 Tbsp.	0	0	0	0	0	0	5	0	0	0	0
Spinach	2 leaves	0	0	0	0	0	0	0	0	0	0	0
Pizza Components*												
Crust	1 slice	180	10	1	0	0	0	250	37	1	1	5
Pizza Sauce	1.25 oz.	15	0	0	0	0	0	105	3	1	2	1
White Sauce	1.25 oz.	50	30	3.5	2.5	0	15	30	1	0	1	3
Cheese	1.5 oz.	130	90	10	6	0	35	250	1	0	0	9

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Pizza components are included in the values shown for 1 cheese slice

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12" Dine In Pizzas

Pizzas & Toppings

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
12" Cheese	1 slice	190	50	5.5	3	0	20	370	25	1	1	8
12" White Cheese	1 slice	220	75	8.5	5	0	30	310	24	1	0	11
Extra Cheese	.13 oz.	10	5	1	0	0	5	25	0	0	0	1
Pepperoni	4.38 slices	45	40	4.5	1.5	NA	10	180	0	0	0	2
Sausage	.44 oz.	35	25	2.5	0.5	NA	10	65	0	0	0	2
Canadian Bacon	1.75 slices	20	10	1	0	0	10	160	0	0	0	3
Meatball	.44 oz.	25	10	1.5	0	NA	10	15	1	0	0	2
Chicken	.25 oz.	5	0	0	0	0	5	20	0	0	0	1
Salami	1.75 slices	35	25	3	1	0	10	150	0	0	0	2
Anchovies	1.5 slices	5	0	0	0	0	5	125	0	0	0	1
Bacon	.5 oz.	80	60	7	3	0	10	380	0	0	0	4
Artichoke Hearts	.25 oz.	0	0	0	0	0	0	25	0	0	0	0
Mushrooms	.25 oz.	0	0	0	0	0	0	0	0	0	0	0
Tomatoes	.5 oz.	5	0	0	0	0	0	0	1	0	0	0
Pineapple	.5 oz.	10	0	0	0	0	0	0	2	0	2	0
Basil	1 leaf	0	0	0	0	0	0	0	0	0	0	0
Green Olives	.5 oz.	20	20	2	0	0	0	220	1	0	0	0
Black Olives	.5 oz.	5	0	0	0	0	0	0	1	0	1	0
Onions	.5 oz.	5	0	0	0	0	0	0	1	0	1	0
Green Peppers	.5 oz.	5	0	0	0	0	0	0	1	0	0	0
Jalapenos	.25 oz.	0	0	0	0	0	0	100	0	0	0	0
Green Chiles	.5 oz.	0	0	0	0	0	0	35	0	0	0	0
Garlic	.25 tsp.	0	0	0	0	0	0	0	0	0	0	0
Spinach	1.25 leaves	0	0	0	0	0	0	0	0	0	0	0
Pizza Components*												
Crust	1 slice	110	5	0.5	0	0	0	150	22	1	0	3
Pizza Sauce	1 oz.	10	0	0	0	0	0	80	2	0	1	0
White Sauce	1 oz.	40	25	3	2	0	10	20	1	0	0	3
Cheese	.81 oz.	70	45	5	3	0	20	140	1	0	0	5

*Nutrients given for 1 slice of pizza (8 slices in a whole)

Pizza components are included in the values shown for 1 cheese slice

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12" To Go Pizzas

Pizzas & Toppings

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
12" Cheese	1 slice	150	40	4	2.5	0	15	295	21	1	1	7
12" White Cheese	1 slice	170	60	6	4	0	25	250	20	1	0	9
Extra Cheese	.38 oz.	30	20	2.5	1.5	0	10	70	0	0	0	2
Pepperoni	3.13 slices	30	30	3	1	NA	5	130	0	0	0	1
Sausage	.31 oz.	25	15	2	0	NA	10	45	0	0	0	2
Canadian Bacon	1.25 slices	15	5	0.5	0	0	35	110	0	0	0	2
Meatball	.31 oz.	15	10	1	0	NA	5	10	1	0	0	2
Chicken	.25 oz.	5	0	0	0	0	5	20	0	0	0	1
Salami	1.25 slices	25	20	2	1	0	5	105	0	0	0	1
Anchovies	1.13 slices	5	0	0	0	0	0	95	0	0	0	1
Bacon	.31 oz.	45	35	4	2	0	5	230	0	0	0	2
Artichoke Hearts	.19 oz.	0	0	0	0	0	0	25	0	0	0	0
Mushrooms	.19 oz.	0	0	0	0	0	0	0	0	0	0	0
Tomatoes	.38 oz.	0	0	0	0	0	0	0	0	0	0	0
Pineapple	.38 oz.	5	0	0	0	0	0	0	2	0	2	0
Basil	.75 leaf	0	0	0	0	0	0	0	0	0	0	0
Green Olives	.38 oz.	15	15	1.5	0	0	0	170	0	0	0	0
Black Olives	.38 oz.	15	10	1.5	0	0	0	65	1	0	0	0
Onions	.38 oz.	5	0	0	0	0	0	0	1	0	1	0
Green Peppers	.38 oz.	0	0	0	0	0	0	0	0	0	0	0
Jalapenos	.19 oz.	0	0	0	0	0	0	75	0	0	0	0
Green Chiles	.38 oz.	0	0	0	0	0	0	25	0	0	0	0
Garlic	.19 tsp.	0	0	0	0	0	0	0	0	0	0	0
Spinach	1 leaf	0	0	0	0	0	0	0	0	0	0	0
Pizza Components*												
Crust	1 slice	90	5	0	0	0	0	125	19	1	0	3
Pizza Sauce	.75 oz.	10	0	0	0	0	0	60	2	0	1	0
White Sauce	.75 oz.	30	20	2	1.5	0	10	15	1	0	0	2
Cheese	.63 oz.	50	35	4	2.5	0	15	110	0	0	0	4

*Nutrients given for 1 slice of pizza (8 slices in a whole)

Pizza components are included in the values shown for 1 cheese slice

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Sicilian Pizza & Pizza by the Slice

Pizzas & Toppings

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
Sicilian Cheese	1 slice	815	165	19	9	0	55	1350	126	5	5	33
Extra Cheese	1 oz.	90	60	6	3.5	0	20	180	1	0	0	6
Pepperoni	8 slices	80	70	8	3	NA	20	340	0	0	0	4
Sausage	1 oz.	80	50	6	1.5	NA	30	150	0	0	0	6
Canadian Bacon	3 slices	35	15	1.5	0.5	0	15	270	0	0	0	5
Meatball	1 oz.	60	30	3	1	NA	25	35	2	0	0	5
Chicken	.67 oz.	20	0	0	0	0	10	45	0	0	0	4
Salami	3 slices	60	40	4.5	2	0	15	250	0	0	0	3
Anchovies	2.5 slices	10	5	0.5	0	0	5	210	0	0	0	2
Bacon	.92 oz.	140	110	12	5	0	15	700	0	0	0	7
Artichoke Hearts	.5 oz.	5	0	0	0	0	0	45	1	0	0	0
Mushrooms	.5 oz.	5	0	0	0	0	0	0	0	0	0	0
Tomatoes	1 oz.	5	0	0	0	0	0	0	1	0	1	0
Pineapple	1 oz.	20	0	0	0	0	0	0	5	0	4	0
Basil	1.67 leaves	0	0	0	0	0	0	0	0	0	0	0
Green Olives	1 oz.	40	40	4.5	0.5	0	0	440	1	1	0	0
Black Olives	1 oz.	45	30	3.5	0	0	0	170	2	0	0	0
Onions	1 oz.	10	0	0	0	0	0	0	3	0	1	0
Green Peppers	1 oz.	5	0	0	0	0	0	0	1	0	1	0
Jalapenos	.5 oz.	5	0	0	0	0	0	200	1	0	0	0
Green Chiles	1 oz.	5	0	0	0	0	0	70	1	0	0	0
Garlic	.17 Tbsp.	5	0	0	0	0	0	10	1	0	0	0
Spinach	2 leaves	0	0	0	0	0	0	0	0	0	0	0
Pizza Components*												
Crust	1 slice	590	25	3	0	0	0	800	121	4	2	16
Pizza Sauce	1.33 oz.	15	0	0	0	0	0	110	3	1	2	1
Cheese	2.5 oz.	210	140	16	9	0	55	440	2	0	1	16

*Nutrients given for 1 slice of pizza (6 or 12 in a whole)

Pizza components are included in the values shown for 1 cheese slice

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Calzones

Calzone Toppings

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
Jumbo Cheese Calzone	1 calzone	1450	505	56	32.5	0	190	2030	161	5	4	69
Extra Cheese	3 oz.	260	170	19	11	0	65	530	2	0	1	19
Pepperoni	20 slices	200	180	20	8	NA	45	840	0	0	0	9
Sausage	2 oz.	150	100	11	3	NA	55	310	0	0	0	11
Canadian Bacon	8 slices	90	35	4	1.5	0	35	710	0	0	0	12
Meatball	2 oz.	110	60	6	2	NA	45	70	4	0	1	10
Chicken	2 oz.	60	5	0.5	0	0	30	140	0	0	0	12
Salami	8 slices	150	110	13	5	0	40	680	0	0	0	8
Anchovies	9 slices	40	20	2	0	0	15	750	2	0	0	6
Bacon	2 oz.	300	240	26	11	0	40	1510	0	0	0	15
Artichoke Hearts	1.5 oz.	10	0	0	0	0	0	140	2	1	0	1
Mushrooms	1.5 oz.	10	0	0	0	0	0	0	2	0	1	1
Tomatoes	3 oz.	15	0	0	0	0	0	0	3	1	2	1
Pineapple	3 oz.	60	0	0	0	0	0	5	14	0	12	0
Basil	6 leaves	0	0	0	0	0	0	0	0	0	0	0
Green Olives	3 oz.	120	120	13	1.5	0	0	1320	3	3	0	1
Black Olives	3 oz.	130	100	11	0	0	0	500	5	0	0	0
Onions	3 oz.	35	0	0	0	0	0	0	9	1	4	1
Green Peppers	3 oz.	15	0	0	0	0	0	0	4	1	2	1
Jalapenos	1.5 oz.	15	0	0	0	0	0	600	4	0	1	0
Green Chiles	3 oz.	15	0	0	0	0	0	210	3	0	0	0
Garlic	1 tsp.	5	0	0	0	0	0	15	1	0	0	0
Spinach	8 leaves	0	0	0	0	0	0	0	0	0	0	0
Calzone Components												
Crust	crust for 1 calzone	740	35	4	0.5	0	0	1000	152	5	2	20
Calzone Sauce	6 oz.	280	180	20	13	0	80	140	6	0	1	18
Cheese	5 oz.	430	290	32	19	0	110	890	3	0	1	31

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Gluten Free Pizzas

Pizzas & Toppings

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
Gluten-free Cheese Pizza	1 pizza	490	200	22	8	0	45	1100	53	3	8	21
Basil	3 leaves	0	0	0	0	0	0	0	0	0	0	0
Black Olives	2 oz	90	60	7	0	0	0	340	4	0	0	0
Green Peppers	2 oz	10	0	0	0	0	0	0	3	1	1	0
Cheese	2 oz	170	110	13	7	0	45	360	1	0	1	13
Mushrooms	1 oz	5	0	0	0	0	0	0	1	0	0	1
Pepperoni	14 slices	140	130	14	5	0	35	590	0	0	0	7
Tomatoes	2 oz	10	0	0	0	0	0	0	2	1	1	0
Pizza Components*												
Pizza Sauce	2 oz	20	0	0	0	0	0	160	5	1	3	1
Cheese	2 oz	170	110	13	7	0	45	360	1	0	1	13
Crust	1 crust	300	80	9	0.5	0	0	580	47	2	5	7

*Nutrients given for whole pizza

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Pasta

Pasta

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
Pasta												
Spaghetti w/ Garlic Bread	1 entrée	890	210	23	3.5	0	0	1000	143	12	12	26
Baked Ziti w/ Garlic Bread	1 entrée	870	240	26	10	0	45	920	122	10	10	32
Ravioli w/ Garlic Bread	1 entrée	940	270	30	10	0	140	1540	131	11	12	36
Pesto Pasta w/ Garlic Bread	1 entrée	930	320	36	6	0	5	760	126	7	3	25
Stuffed Shells w/ Garlic Bread	1 entrée	940	330	37	17	0	80	1970	110	10	19	42
Chicken Parmesan w/ Garlic Bread	1 entrée	1070	330	36	9	0	60	1630	141	12	13	41
Eggplant Parmesan w/ Garlic Bread	1 entrée	1060	280	31	7	0	20	1890	159	16	15	32
Veal Parmesan w/ Garlic Bread	1 entrée	1070	310	34	11	0	70	1780	142	11	11	47
Fettuccinni Alfredo w/ Garlic Bread	1 entrée	780	310	35	9	0	95	940	96	5	5	20
Cheese Lasagna w/ Garlic Bread	1 entrée	830	300	33	13	0	115	1570	96	9	10	36
Manicotti w/ Garlic Bread	1 entrée	830	300	33	14	0	65	1760	97	9	17	36
Kid's Pasta w/ Margarine	1 entrée	650	360	40	23	1	90	250	60	3	2	11
Kid's Pasta w/ Marinara	1 entrée	360	60	6	1	0	0	115	64	4	3	11
Pasta Sides												
Meatballs (2 per order)	1 side	280	120	13	4.5	NA	90	410	17	3	4	20
Sausage (1 - 6" Link)	1 side	360	210	24	6	NA	110	890	10	2	4	25
Half Meatballs/Half Sausage	1 side	320	170	19	5	NA	100	650	13	3	4	23
Garlic Bread	1 side	270	110	12	2	0	0	440	34	2	1	6
Garlic Bread w/ Cheese	1 side	320	140	16	4	0	10	530	34	2	1	9
Pasta Components												
Marinara Sauce	8 oz.	110	15	2	0	0	0	560	19	5	9	5
Mozzarella Cheese	1 oz.	90	60	6	3.5	0	20	180	1	0	0	6
Alfredo Sauce	3 oz.	220	190	22	7	0	95	500	4	0	3	4

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Heroes & Salads

Heroes

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
Meatball	1 hero	820	280	31	13	NA	160	1400	83	6	7	50
Italian Sausage	1 hero	840	340	38	14	NA	155	1850	74	6	7	48
Veal Parmesan	1 hero	750	200	22	11	0	95	1920	93	7	7	44
Eggplant Parmesan	1 hero	740	170	19	8	0	45	2030	110	12	11	29
Chicken Parmesan	1 hero	750	220	24	9	0	85	1780	92	8	9	38
Cold Italian	1 hero	1060	620	69	22	0	115	2070	66	4	4	39

Hero Components

Bread	1 baguette	320	15	2	0	0	0	600	64	4	2	11
Marinara Sauce	4 oz.	50	10	1	0	0	0	280	10	2	4	2
Mozzarella*	2 oz.	180	120	12	7	0	40	360	2	0	0	12

*Fresh Mozzarella for Cold Italian not included



Salads

Italian Salad, Small*	1 salad	90	60	6	2.5	0	15	220	4	2	2	5
Italian Salad, Large*	1 salad	170	110	12	5	0	30	420	8	3	4	10
Farmer Salad*	1 salad	140	70	8	4	0	20	260	10	4	5	9
Caesar Salad*	1 salad	260	140	16	9	0	45	910	16	2	1	21
Chicken Caesar Salad*	1 salad	370	150	17	9	0	100	1190	16	2	1	44
Caprese Salad	1 salad	630	500	56	22	0	90	390	4	1	2	24
Italian Dressing	2 oz.	300	300	34	4.5	0	0	0	0	0	0	0
Ranch Dressing	2 oz.	190	190	21	3	0	20	510	2	0	2	0
Blue Cheese Dressing	2 oz.	210	170	19	4	0	20	470	2	0	2	2
Low-Fat Italian Dressing	2 oz.	110	100	11	2	0	0	430	6	0	4	0
Caesar Dressing	2 oz.	260	260	28	4.5	0	30	790	4	4	4	4

*Dressing not included

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Sides, Appetizers & Desserts

	<i>Serving Size</i>	<i>Calories</i>	<i>Calories from Fat</i>	<i>Total Fat (g)</i>	<i>Saturated Fat (g)</i>	<i>Trans Fat (g)</i>	<i>Cholesterol (mg)</i>	<i>Sodium (mg)</i>	<i>Total Carbohydrates (g)</i>	<i>Dietary Fibers (g)</i>	<i>Sugar (g)</i>	<i>Protein (g)</i>
Sides & Appetizers												
Buffalo Wings*	1 appetizer	1400	1060	117	27	0	340	3390	5	0	0	81
Spicy Buffalo Wings*	1 appetizer	1460	1060	117	27	0	340	6390	16	0	0	81
Chipotle Wings*	1 appetizer	1460	1060	117	27	0	340	6340	16	0	6	81
Cheese Sticks w/ Marinara	full order	950	410	46	20	0	100	2980	90	2	14	42
Cheese Sticks w/ Marinara	half order	480	210	23	10	0	50	1490	45	1	7	21
Meatball Sliders	1 appetizer	1400	250	28	8	NA	145	2430	216	15	6	67
Garlic Bread w/ Marinara	1/4 appetizer	290	110	13	2	0	0	510	36	3	2	6
Garlic Bread w/ Cheese & Marinara	1/4 appetizer	330	140	16	4	0	10	590	37	3	2	9
Ranch Dressing	2 oz.	190	190	21	3	0	20	510	2	0	2	0
Blue Cheese Dressing	2 oz.	210	170	19	4	0	20	470	2	0	2	2
Sm Side Marinara	2 oz.	25	5	0	0	0	0	140	5	1	2	1
Lg. Side Marinara	4 oz.	50	10	1	0	0	0	280	10	2	4	2

*Dressing not included



Desserts

NY Cheesecake	1 slice	360	170	19	11	0	60	230	40	0	22	8
Cheesecake w/ Choc. Syrup	1 slice	430	170	19	11	0	60	250	57	2	37	9
Cheesecake w/ Strawberry Syrup	1 slice	430	170	19	11	0	60	240	59	0	30	8
Cannoli	1 shell	320	140	16	6	0	30	75	37	1	27	9
Chocolate Cannoli	1 shell	410	200	22	8	0	30	85	44	0	33	9
Tiramisu	1 piece	330	170	19	12	0	155	85	36	0	23	4
Brownies	1 piece	440	190	21	3.5	0	25	280	58	2	40	5

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